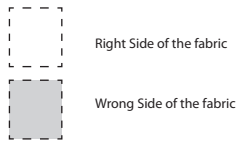


Sewing Instructions



All seams have a $\frac{1}{4}$ inch seam allowance and a $\frac{1}{2}$ inch hem and sleeve allowance. There is no seam allowance at the neck, as the neck will be sewn with an overlapped binding.

1. Cut out your pattern

After tracing and adjusting the pattern to your shape, cut out a front and a back piece, two arms and a neckband (1" wide by the length of your neck opening).

2. Sew the shoulder seams

Sew the shoulder seams together with the right sides of the fabric facing together.

Flip the t-shirt right side out and top stitch the shoulder seam down with the seam allowance to the back of the shirt. (This adds strength to a seam that carries the weight of the garment.)

